JOINT ASPIRATION

What is it?

It's a procedure to remove fluid from the space around a joint using a needle and syringe.

It's done to remove fluid from joints such as:

- hips
- shoulders
- knees
- ankles
- wrists
- elbows

Things To Do:

- Ask the questions you have from the healthcare provider.
- Sign a form that gives your team permission to perform this procedure.
- Inform the healthcare provider if you’ve any allergies.
- Inform the healthcare provider if you’re taking any medications.
Procedure:

1. Skin over the joint is examined & cleaned with a special solution.

2. A medication called "anesthetic" will be used to numb your skin. This may feel like a bee sting, but it won’t be for very long.

3. We put a different needle into your joint to drain the fluid. You will feel pressure, but it won’t be painful.

4. The fluid is removed by drawing it into a syringe that is attached to the needle.

5. The needle is removed and a sterile bandage or dressing will be applied.

6. The fluid sample is sent to the lab for testing.