What is it?

Joint injection is done to provide relief from joint pain or to diagnose joint discomfort.

Preparation:

Avoid having solid foods or milk products up to 8 hours.

Formula-fed babies can have the formula for up to 6 hours.

Breastfed babies can nurse up to 4 hours before the procedure.

It’s a procedure in which medicine is injected directly into the joint space.
The children can have clear liquids like:

- Water
- Pedialite TM
- Apple Juice

for up to 2 hours.

Carbonated drinks aren’t allowed.

**Procedure:**

1. Skin over the joint is examined & cleaned with a special solution.
2. A medication called "anesthetic" will be used to numb your skin. This may feel like a bee sting, but it won’t be for very long.
3. A type of x-ray or an ultrasound will be used to perform the procedure.
4. The exact location of the problematic area in the joint will be pinpointed.
5. The needle is inserted in the joint.
6. Medicine is injected through the needle.
7. The skin is cleaned & bandaged.