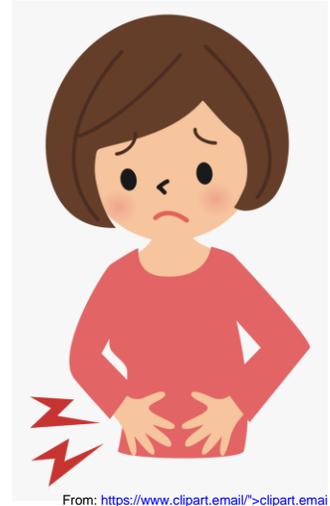


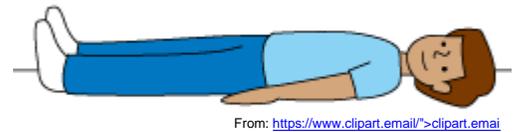
What is a Paracentesis?

Paracentesis (“pear-UH-cent-EE-sis”) is a medical procedure. It sounds complicated, but is actually very easy! Some people have **fluid** build up in their **abdomen**, the middle part of their body. This is called **ascites** (“uh-SIGH-teez”), and all that **fluid** in your **abdomen** can be painful. Doctors perform **paracentesis** to remove the **fluid**, which makes you feel better!



There are five steps:

1. You lie down on the table so that the doctor can see your **abdomen**.



2. The doctor rubs **gel** on your abdomen and uses an **ultrasound** scanner to scan your body. This allows them to see exactly where the **fluid** is in your **abdomen**!

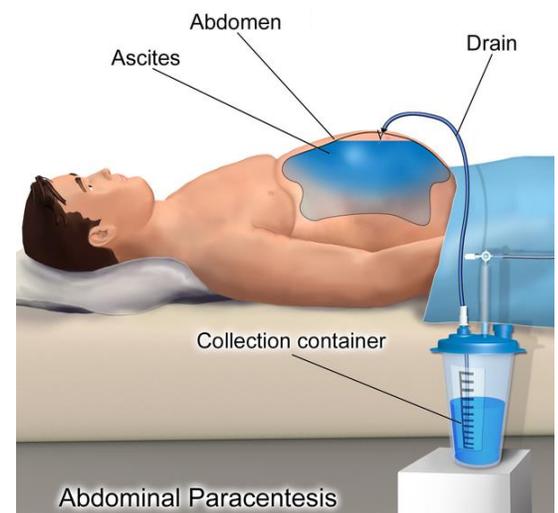


3. The doctor will use a medicine called **lidocaine** to help numb your skin. This is the worst part, and feels like a bee sting for only a few seconds. For the rest of your **paracentesis** you may feel pressure, but you should **NOT** feel any pain!



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4. The doctor will insert a **catheter**, a type of tube, into your abdomen. The **fluid** inside of your abdomen will drain in to a bag on the outside. Because the doctor already rubbed **lidocaine**, this part won't hurt!



From: https://commons.wikimedia.org/wiki/File:Blausen_0004_AbdominalParacentesis.png

5. While the **catheter** is in your body, the end outside your body will be connected to a **vacuum**. Sort of like the **vacuum** cleaner in your house, this **vacuum** gently sucks **fluid** from your **abdomen** into a bag at the other end. Once



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all the **fluid** is sucked out, you are done! You'll have some bandages on your abdomen and should rest for a few hours, but you should be feeling much better very soon!

Key Words:

- **Abdomen:** the middle part of your body that is your belly
- **Fluid:** anything that's a gas or a liquid
- **Ascites:** when there is too much **fluid** in your abdomen
- **Paracentesis:** a medical operation that doctors do to fix **ascites** by removing **fluid** from your body
- **Gel:** a thick clear sticky substance, sort of like glue!
- **Ultrasound:** a machine that can scan and find where **fluid** is in your body
- **Lidocaine:** a medicine that can be used to make your body numb and stop pain
- **Catheter:** a tube that can connect the **fluid** inside your body to the outside world
- **Vacuum:** a machine that can suck the **fluid** inside your body through the **catheter** into a bag

Word Hunt

It's time to put your skills to the test and track down all the words!

S H L T W S S Z D A P S D V F
S E T I C S A V D S D N S Q X
C P D I A B M O G G U I O D P
Y B W S T H A W M O S E U I H
O L X E M J Z S S E G M Q L K
Z R I C Y U T A T O T J G L F
D J Q J Z F R N H S S V I G Q
R F Q S H T E U K M L D I J B
E H F T L C R K U H O R D M A
T I H U A K P U E C M G Y N F
E J V R J P C A A B D O M E N
H B A X O A H I D M J Z T M F
T P F D V S N Y D A U Y B P E
A N Y X Z E E B E I U U G E L
C C B D G W V U G X J I P B R

Get the Fluid Out!

The fluid really wants to leave your body and get to the bag in the outside world!

